

# PROMISE Local

*Redefining Together Frontiers of Humane Mental Health Care*

The exercise of force is incompatible with a vision of recovery. PROMISE (PROactive Management of Integrated Services and Environments) was initially a Cambridgeshire and Peterborough NHS Foundation Trust initiative to push the boundaries of humane care in mental health and eliminate reliance on force. Now working with the Yale Programme for Recovery and Community Health we are developing a global vision for local agendas. To truly transform patients recovery journeys we have to redefine the present, present organisational silos, present educational curriculums, present culture in local communities. PROMISE local is a step in this direction and aspires to bring together organisations to commit to a change agenda that involves:

System transformation enabling seamless transitions of care

A positive and proactive workforce for the future

Communities accepting of mental health challenges

To express this commitment we are approaching organisations which in the first instance have a direct impact on patient journeys and the workforce of tomorrow. If one took a public health approach to eliminating reliance on force, the focus will be on prevention and early detection, rapid assessment and early treatment so that patients did not reach a stage where coercive strategies will be needed in the best interest of the patient. If such a strategy was successful all essential treatment could be delivered in the least restrictive setting i.e. the patient's home staying within their local communities. PROMISE local aspires to be the harbinger of an



PROMISE portfolio is a framework to transform the nature of day to day interactions at the frontline. Celebrating the best of what is and knowing when and how to reinvent the wheel is central to the journey. We hope that through the global alliance the folio will continue to grow and be instrumental in laying the foundation of an alternative discourse in mental health care.

environment in which irrespective of organisational boundaries we work together to ensure a seamless journey for our patients with rapid access and proactive response.

For this to happen the services listed above have to work together as a system. Instead of guarding boundaries, boundary spanning leadership will be needed. At every level there are unique opportunities to work across statutory and 3rd sector, primary and secondary care, commissioners and providers, health and social care and so on. Education and training regionally could be changed to reflect these aspirations.

**9<sup>th</sup> Oct 2015: Cambridge Charter**  
PROMISE local is working towards a charter in Cambridge to provide seamless patient journeys across organisational boundaries and create a proactive workforce for the future. System transformation will be key to pushing the boundaries of humane care.

To commemorate World Mental Health Day in Cambridgeshire we hope to sign a charter for positive and proactive care. We hope that PROMISE Local will provide a model of how partnership working can transform a healthcare economy from reactive care to one that is positive and proactive. We hope you will lend us your support to lay down the foundations of a model that can work as a template for system transformation elsewhere. Organisations we are approaching include:

Primary Care services (GP Land)

Secondary Care Mental Health Services (CPFT)

General Hospitals (3 A&E's in the patch)

2 County Councils with social care, housing responsibilities

Voluntary – 3rd sector organisations

Cambridgeshire Constabulary

Ambulance Trust

Clinical Commissioning Group

Cambridge University

Anglia Ruskin University

University of East Anglia

Partnership working is at the heart of the PROMISE ethos. Together we will be more than the sum of our parts.

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