



Person Centered Care Planning

Passion to Purpose, Progress to Practice

Hope is like the sun, which, as we journey toward it, casts the shadow of our burden behind us.

Samuel Smiles

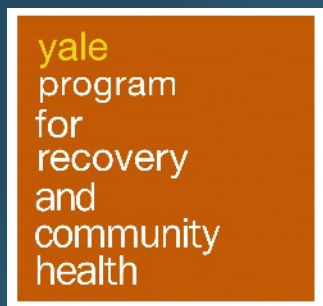
We are all on a personal journey of growth and discovery. Our individual journeys allow us to pan for agency within and draw on the resources that are naturally available to us, the sun, the air, the soil and proactively seek out support. This might be water to survive and grow or fertiliser to flourish and blossom. This applies equally to people with personal and professional experience of mental health. Connecting with our own struggles leads us to think about the nature of resilience, how it can be developed, and reflected back to those we support.

Philosophy: Rooted in Recovery Ethos

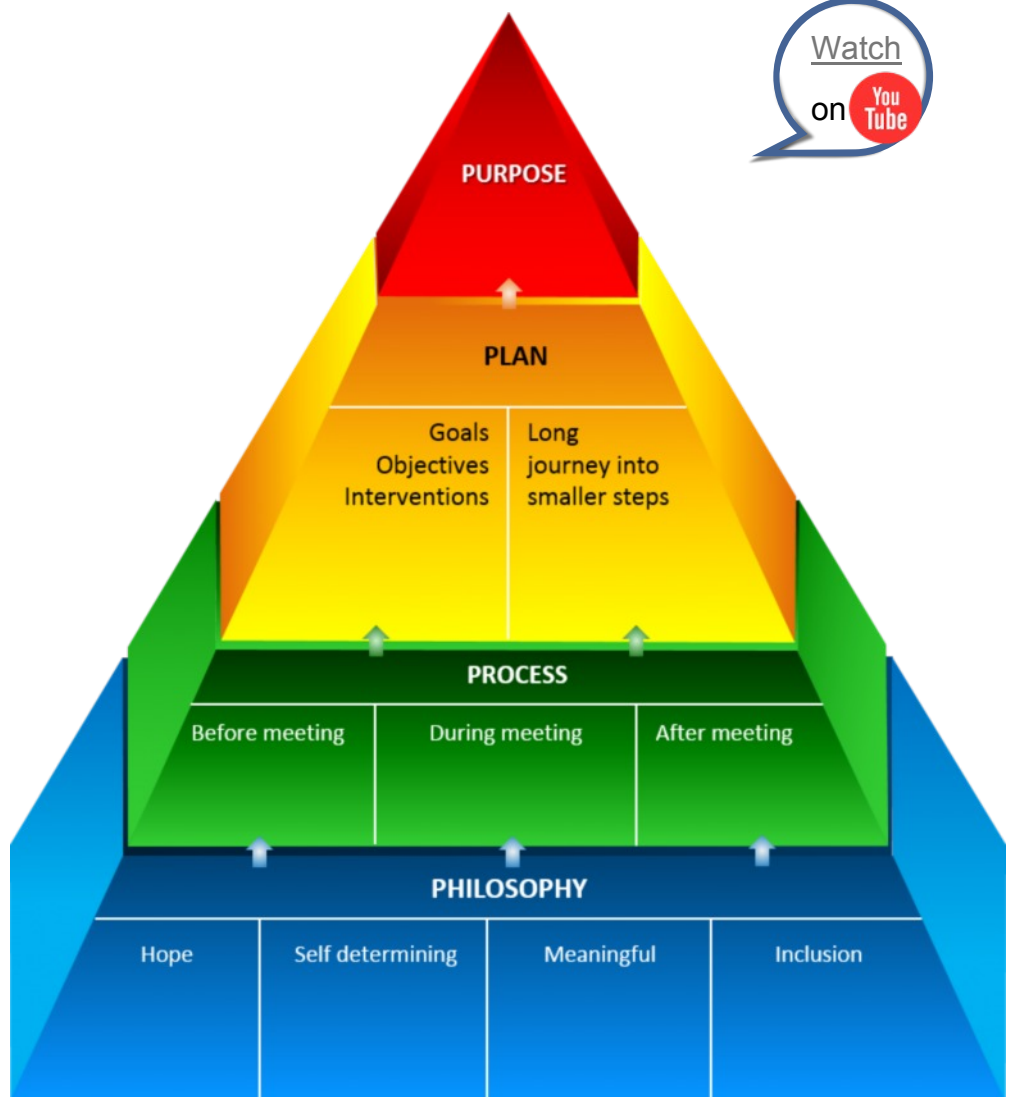
Process: Reflecting on Practice

Plan: Written Agreement

Purpose: Meaningful Life



Person-centered care planning (PCCP) has increasingly been recognized as an essential intervention to restore fundamental freedoms to persons living with mental ill health and to transform the systems of care which serve them. The potential power of person-centered care planning has led to a call for its wide-spread adoption by many stakeholders around the world, but despite this sense of urgency, there remains much confusion regarding what PCCP looks like in practice, and how exactly it differs from traditional models of treatment planning. In considering the entirety of high-quality person-centered care planning, we have found it helpful to think of it as consisting of 4 component elements, each beginning with the letter P: Philosophy, Process, Plan and Purpose.



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